

## MACHINE LEARNING AND DEEP LEARNING IN HEALTHCARE ANALYSIS

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### ABSTRACT:

In recent years, preventive healthcare has become essential for saving lives. Intelligent systems are rapidly evolving in the healthcare industry to analyze complex data and provide valuable predictions. Artificial intelligence is transforming healthcare by utilizing clinical data and images, with Machine Learning and Deep Learning techniques predicting diseases. These technologies offer advanced therapies by mimicking human perception and identifying diseases that are difficult for humans to detect. Predictive analytics plays a critical role in healthcare, as accurate and timely disease predictions can save lives, while incorrect diagnoses can be fatal. It is crucial to properly predict and assess diseases. Machine learning and deep learning, techniques within artificial intelligence, develop patterns for decision-making by simulating the human brain's data processing mechanism. These methods have been applied in various fields, including speech recognition, computer vision, object detection, image segmentation, and natural language processing. In healthcare, they are widely used to identify and treat chronic illnesses. Deep learning has revolutionized disease detection and is helping healthcare providers surpass previous limits of accuracy and robustness by creating effective and reliable computer-aided diagnostic tests. Recent advancements in this technology offer new and effective paradigms to generate learning models from crucial data. This paper explores the implementation of machine learning and deep learning techniques in healthcare for forecasting, while also addressing the key challenges they face in the field.

### Keywords

Artificial Intelligence, Deep Learning, Machine Learning, Healthcare, Prediction, Medical Diagnosis, and the Healthcare Industry: Techniques such as Logistic Regression (LR), Support Vector Machines (SVM), Decision Trees (DT), Random Forests (RF), and Naive Bayes (NB) are transforming the landscape of healthcare and medical diagnostics.

### INTRODUCTION:

As humans evolve, their health can either improve or deteriorate with each generation, and life remains uncertain. Delayed disease detection can lead to serious health consequences. Over the past decade, artificial intelligence (AI) has emerged as one of the most groundbreaking fields, transforming various interdisciplinary domains such as robotics, autonomous driving, healthcare, and remote sensing. Many biomedical tasks and data processing activities have been tackled by machine learning (ML) algorithms, developed by researchers and engineers over time. As we enter a new era in healthcare, the increasing volume of biological data will become increasingly important. For instance, the goal of precision medicine is to "ensure that the right therapy is administered to the right patient at the right time," taking into account various data types, including genetic traits, environmental factors, electronic health records (EHRs), and lifestyle factors. Machine learning refers to the process of training a computer to make decisions based on prior knowledge. During training, new data is provided to a trained model to enable it to make informed decisions. The more data the model is given during training, the more complex and accurate its predictions and rules become. Artificial intelligence and machine learning techniques are

used to process vast amounts of healthcare data. Healthcare services generate massive amounts of data, making it challenging to manage and analyze through conventional methods. Machine learning and deep learning techniques offer insights by analyzing this data, which comes from various sources such as genetics, medical records, images, and other types of healthcare data. These data sources are illustrated in Figure 1. The next section explores four key healthcare applications—prognosis, evaluation, therapy, and clinical workflow—that aim to benefit from machine learning



The development of machine learning and deep learning technologies to enhance health outcomes and predict future events has sparked significant interest in predictive analytics for healthcare. Previously known as clinical predictive models, these tools have been used to identify individuals at higher risk for diseases. Prediction algorithms evaluate healthcare decisions and offer guidance to patients based on their specific characteristics. For example, the early diagnosis of cardiovascular diseases has been automated through prediction models. Machine learning is also employed to automatically identify object features in medical imaging. When dealing with large datasets, CNN-based techniques are becoming increasingly popular among predictive models. Deep learning (DL) approaches, which involve multiple learning phases, process data through a series of layers for more accurate analysis

#### **DISEASE PREDICTION WITH ANALYTICS :**

Recent research on deep learning applications in healthcare highlights advancements in both community-based disease prediction (e.g., forecasting epidemics or predicting individual illnesses based on past health records). The analysis of medical data patterns and disease prediction has significantly progressed with machine learning. Deep learning has surpassed previous benchmarks, especially in recognizing patterns in raw or visual data. These techniques, designed to replicate a doctor's decision-making process, address the challenge of forecasting diseases based on patient characteristics. Deep learning methods now enable the prediction of future illnesses using a patient's electronic health record (EHR).

This section focuses on research in healthcare forecasting using machine learning (ML) and deep learning (DL) techniques, presenting prediction methods, algorithms, performance estimation, and modeling tools. Various ML methods are already implemented for disease detection. Due to the need for large volumes of labeled data, deep learning is used in diagnosing brain disorders and identifying various types of tumors. For instance, a framework for identifying diabetic patients was created using LR, KNN, SVM, and RF algorithms. The model achieved 82.9% accuracy using the Pima Indian Diabetes Database. Other studies have explored using deep learning for diabetes prediction, where SVM and deep learning showed improved results. The research also includes systems for arranging meetings with physicians and recommending therapies, using classifiers like decision trees, random forests, and

logistic regression. For example, logistic regression achieved 97.9% accuracy in predicting cardiovascular diseases, while decision trees performed less effectively. Further, feature selection methods were applied in diabetes prediction, improving accuracy with SVM. Studies have explored deep learning models for predicting coronary heart disease (CHD), with a large dataset yielding promising results that surpassed baseline outcomes. Deep learning has also revolutionized medical imaging, with organizations like Google Deep Mind Health and the UK's National Health Service using DL technologies to process vast amounts of healthcare data. Models like Deep Patient have been developed to predict diseases by processing patient records from millions of individuals. The use of unsupervised techniques like K-means clustering has also been employed for forecasting heart disease, achieving impressive accuracy. Overall, deep learning technologies are transforming the healthcare landscape, not only assisting in diagnosing conditions but also predicting illnesses, optimizing treatment plans, and enhancing patient care. However, challenges like the need for large datasets and computational resources remain, emphasizing the need for further improvements and exploration in this field.

## RESULT& CONCLUSION :

This article presents a systematic review of recent developments in machine learning and deep learning for healthcare forecasting, focusing on their impactful implications. The accuracy of disease detection varies by condition, with deep learning models achieving 98% accuracy for diabetes, 98.4% for COVID-19 using logistic regression, and 96.16% for heart disease with the CSO LSTM model. Logistic regression models showed 75% accuracy for liver disease and 98.4% for various other diseases. It is important to consider both the training and testing datasets, as models trained on large, diverse datasets tend to perform more accurately when applied to new data. The integration of machine learning and deep learning methods in healthcare could transform traditional healthcare services, enhancing disease prediction and data visualization, and supporting the development of assistive technologies. Recent trends suggest that deep learning approaches are highly effective in providing accurate solutions within the healthcare domain, making a significant impact on healthcare data analysis. This study contributes to the growing body of research and provides insights for future research in healthcare analysis using machine learning and deep learning techniques

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